



Ozone Start-up Guide

Starting ozone therapy can be very intimidating. We have gathered articles, videos, and studies about ozone therapy, which I have found most useful and interesting. This guide will help clear up a lot of misconceptions which have caused confusion for me and others in the past. Hopefully you will find these links and documents to be as helpful as I have. Good luck with your treatment. Please feel free to share information that you might find useful for getting started with ozone, so that we can keep this page updated with helpful information.

Helpful links

1. The Power of Ozone – Ultimate guide to home treatments
<http://thepowerofozone.com/>
2. Oxygen healing therapies – Be an ozone therapy expert in 10 minutes
http://oxygenhealingtherapies.com/Ozone_Therapy_Basics.html
3. Ozone doctors
http://www.oxygenhealingtherapies.com/my_ozone_doctor.com.html
4. Therapeutic remedial uses
<http://www.enviroalternatives.com/ozonetherapeutic.html>
5. Ozone University
<http://www.ozoneuniversity.com/intro-to-ozone-therapy.htm>
6. O3 Center
<http://www.o3center.org/index.html>

Forums and Support Groups

<http://aaot.us/forums/Default.aspx>

<https://groups.yahoo.com/neo/groups/ozonetherapy/info>

Ozone to Health – Facebook

Ozone for Wellness – Facebook

Peer reviewed studies on ozone

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3312702/> - ozone therapy: a clinical review

https://www.zotero.org/groups/isco3_ozone – database of over 2,000 studies with ozone

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3231820/> – oxygen/ozone as a medical gas mix

Information on specific diseases

Cancer

<http://gerson.org/gerpress/the-gerson-therapy/> – Gerson therapy information

<http://www.oxygenmedicine.com/cancerandozone.html> – Medical ozone and cancer

<https://youtu.be/x5wOX4NSb90> – Cancer and ozone with Dr Shallenberger

<https://youtu.be/s04Tic6jqWo> – Prostate cancer

<https://www.youtube.com/watch?v=U7Ck9D45OT4> – Charlotte Gerson video

Lyme

<http://www.chroniclymedisease.com/ozone-oxygen-lyme-disease>

<http://fromlymetolife.com/2012/12/21/ozone-for-lyme-disease-a-powerhouse-in-need-of-our-attention/>

<https://www.youtube.com/watch?v=4OwnT9XrCMY> – ozone knocks out lyme in under a year

<http://www.healingwell.com/community/default.aspx?f=30&m=2522091>

Multiple Sclerosis

<https://www.youtube.com/watch?v=2AiQ28IOoCE> – How I beat MS with ozone-olive-oil

<https://www.youtube.com/watch?v=bny7ucYS-SU> – Follow up with Brian from the link above

Hepatitis C

<http://www.triroc.com/sunnen/topics/hepc.htm> – Hep C and ozone therapy

<http://www.ncbi.nlm.nih.gov/pubmed/21417811> – Ozone therapy as possible treatment

http://ozoneinmedicine.com/articles_hepc.html

HIV and AIDS

<http://www.ncbi.nlm.nih.gov/pubmed/1685651> – ozone treated blood for HIV treatment

Ebola

<http://www.docrowen.com/ebola-cured-with-ozone.html>

Informative videos

<https://youtu.be/xOf-li6mATI> – is ozone therapy the miracle cure – Dr Robert Rowen

<https://www.youtube.com/watch?v=NIk2RGI8XM> – how to do rectal insufflations

<https://www.youtube.com/watch?v=uJ5yecZ0gD4> – Ed Mccabe presentation

https://www.webmedcentral.com/article_view/2685 – Ozone in dentistry

<https://www.youtube.com/watch?v=Ttcl3qXKQVg> – Basics of setting up ozone equipment

Ozone experts

<http://www.docrowen.com/> – Dr Robert Rowen

<https://www.antiagingmedicine.com/frank-shallenberger> – Dr Frank Shallenberger

<http://www.ozonedoctor.net/> – Dr Howard Robins

<http://www.amazon.com/Flood-Your-Body-Oxygen-McCabe/dp/0962052752> – Ed McCabe